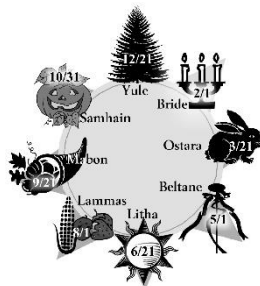


## WICCAN SABBATS & ESBATS 2022-23

Oct. '22	Full Moon 9 <sup>th</sup> (Sunday) New Moon 25 <sup>th</sup> (Tuesday) <b>SAMHAIN</b> 31 <sup>st</sup> (Monday)
Nov. '22	Full Moon 8 <sup>th</sup> (Tuesday) New Moon 24 <sup>th</sup> (Thursday)
Dec. '22	Full Moon 8 <sup>th</sup> (Thursday) <b>YULE</b> 21 <sup>st</sup> (Monday) New Moon 23 <sup>rd</sup> (Friday)
Jan. '23	Full Moon 6 <sup>th</sup> (Friday) New Moon 21 <sup>st</sup> (Saturday)
Feb. '23	<b>BRIDE</b> 1 <sup>st</sup> (Wednesday) Full Moon 5 <sup>th</sup> (Sunday) New Moon 20 <sup>th</sup> (Monday)
Mar. '23	Full Moon 7 <sup>th</sup> (Tuesday) <b>OSTARA</b> 21 <sup>st</sup> (Tuesday) New Moon 21 <sup>st</sup> (Tuesday)
Apr. '23	Full Moon 5 <sup>th</sup> (Wednesday) New Moon 19 <sup>th</sup> (Wednesday)
May '23	<b>BELTANE</b> 1 <sup>st</sup> (Monday) Full Moon 5 <sup>th</sup> (Friday) New Moon 19 <sup>th</sup> (Friday)
Jun. '23	Full Moon 3 <sup>rd</sup> (Saturday) New Moon 17 <sup>th</sup> (Saturday) <b>LITHA</b> 21 <sup>st</sup> (Wednesday)
Jul. '23	Full Moon 3 <sup>rd</sup> (Monday) New Moon 17 <sup>th</sup> (Monday)
Aug. '23	<b>LAMMAS</b> 1 <sup>st</sup> (Tuesday) Full Moon 1 <sup>st</sup> (Tuesday) New Moon 16 <sup>th</sup> (Thursday) Full Moon 30 <sup>th</sup> (Wednesday)
Sep. '23	New Moon 14 <sup>th</sup> (Thursday) <b>MABON</b> 21 <sup>st</sup> (Thursday) Full Moon 29 <sup>th</sup> (Friday)
Oct. '23	New Moon 14 <sup>th</sup> (Saturday) Full Moon 28 <sup>th</sup> (Saturday) <b>SAMHAIN</b> 31 <sup>st</sup> (Tuesday)
Nov. '23	New Moon 13 <sup>th</sup> (Monday) Full Moon 27 <sup>th</sup> (Monday)
Dec. '23	New Moon 12 <sup>th</sup> (Tuesday) <b>YULE</b> 21 <sup>st</sup> (Thursday) Full Moon 26 <sup>th</sup> (Tuesday)



## Wicca's Liturgical Calendar The Wheel of the Year

The Wheel of the Year is Wicca's liturgical calendar; other Pagan religions use it too. It includes eight solar holy days, that are called Sabbats, and twelve (sometimes thirteen) lunar holy days, called Esbats.

The Wheel is based on natural cycles, so the dates of the Solstices and Equinoxes, and of the full and new Moons, vary from year to year. Some Wiccan communities standardize all the dates, as we've done on this illustration ... but it's as important to Wiccans to meet and celebrate at the appropriate times as it is to followers of other faiths.

If outside sponsors are not available within a day or two of a Sabbat, inmates need time to observe the holy days. Celebration in a group is preferable, but Wicca recognizes solitary practice as well.

It's usual for Wiccans to share "Cakes and Ale" in both Sabbat and Esbat Circles, even if it's crackers or cookies and juice. Sabbat feasts normally feature seasonal foods. Sabbats are solar observations, so it's appropriate to celebrate them during the day, and, when possible, outside.

Esbats are lunar, and ideally celebrated when and where the full Moon is visible. Esbats are when Wiccans work magic. Meetings on the new Moon often focus on studies, but magic and divination are not uncommon.

Wiccans are expected to keep a record of their Sabbat and Esbat rites (and their magics) in a journal called a Book of Shadows (BOS). The BOS is a holy book and should be treated as a sacred item.

For more information about the meaning and celebration of Wiccan Sabbats and Esbats (and the magic Wiccans practice), please contact Mother Earth Ministries-ATC by mail or online.



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